

WellSAT-I

Wellness School Assessment Tool – Interview to match WellSAT 3.0 Implementation, Evaluation, Communication Section

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| IEC1– District Level Official | |
| Is there an active district level wellness committee? Note: This may also be called a health advisory committee or other similar name. If yes, how frequently does the committee meet? | |
| 0 | A district wellness committee has not been established. |
| 1 | There is a committee, but has not met in the current year and has no planned meetings. |
| 2 | There is a committee and it has or is planning to meet at least twice in the current year. |
| <i>IEC1: Addresses the establishment of an ongoing district wellness committee.</i> | |

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| IEC2– District Level Official | |
| Which groups are represented on the district level wellness committee? (check all that apply). Note an individual can represent more than one role. | |
| <ul style="list-style-type: none"> <input type="radio"/> Parents <input type="radio"/> Students <input type="radio"/> School Food Authority representative <input type="radio"/> PE Teacher <input type="radio"/> School Health Professional (nurse, social worker, school psychologist) <input type="radio"/> School Board Member <input type="radio"/> School Administrator <input type="radio"/> Community member | |
| 0 | There is no committee, or it has 3 or fewer of the listed roles represented |
| 1 | The wellness committee has 4 or 5 of the listed roles represented. |
| 2 | The wellness committee has 6 to 8 of the roles represented. |
| <i>IEC2: Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy. Federal Rule language states that the policy must include "a description of the manner in which parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public are provided an opportunity to participate in the development, implementation, and periodic review and update of the local school wellness policy."</i> | |

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| IEC3– District Level Official, Principal | |
| Is there an official who is responsible for the implementation and compliance with the wellness policy at the building level for each school? If yes, who are those individuals? How do they ensure compliance? | |
| 0 | There is no one responsible for policy implementation and compliance in each school building. |
| 1 | The respondent believes that there are officials responsible for policy implementation and compliance, but cannot give specific examples of who they are or how this is achieved. |
| 2 | It is clear that a district level official is in charge of ensuring policy compliance across schools, and a building level official is in charge of each school. The respondent can give examples of how this is achieved (e.g., each school provides annual written reports on compliance with specific policies). |
| <i>IEC3: Identifies the officials responsible for the implementation and compliance of the local wellness policy. Federal Rule language states that each local educational agency must "designate one or more local educational agency officials or school officials to ensure that each participating school complies with the local school wellness policy."</i> | |

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| IEC4– District Level Official, Principal | |
| How is the wellness policy made available to the public? Is it available online? How often is the public informed where to find the policy? | |
| 0 | The policy is not shared with the public. |
| 1 | The policy is available only upon request, or there has not been communication about it in over a year. |
| 2 | The policy is posted online and the policy is distributed to the public with any updates at least once a year through district communication channels. |
| <i>IEC4: Addresses making the wellness policy available to the public. Federal Rule language states that local educational agencies must "inform the public about the content and implementation of the local school wellness policy, and make the policy and any updates to the policy available to the public on an annual basis."</i> | |

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| IEC5 – District Level Official | |
| How does the committee assess implementation of the wellness policy? How often does this assessment occur? [Examples of evaluation tools are: the CDC’s School Health Index, the Alliance for a Healthier Generation checklist, local or state policy implementation checklists, or the current interview.] | |
| 0 | District compliance with the wellness policy has not been assessed. |
| 1 | District compliance with the wellness policy has been assessed, but not within the last three years and/or not using a systematic process. |
| 2 | District compliance with the wellness policy has been systematically assessed within the last three years. |
| <i>IEC5: Addresses the assessment of district implementation of the local wellness policy at least once every three years. Federal Rule language states that local educational agencies must "at least once every three years, assess schools' compliance with the local school wellness policy, and make assessment results available to the public."</i> | |

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| IEC6 – District Level Official | |
| What is included in the triennial assessment report to the public? Ask to see documentation if available. Note: the requirement is to include: 1. The extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness policy; 2. The extent to which the LEA's local school wellness policy compares to model local school wellness policies; 3. A description of the progress made in attaining the goals of the local school wellness policy. | |
| 0 | There has not been a triennial assessment. |
| 1 | There is a triennial assessment but it does not include all three progress report elements. |
| 2 | The triennial assessment includes all three progress report elements. |
| <i>IEC6: Triennial assessment results will be made available to the public and will include: 1. The extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness policy; 2. The extent to which the LEA's local school wellness policy compares to model local school wellness policies; 3. A description of the progress made in attaining the goals of the local school wellness policy.</i> | |

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| IEC7 – District Level Official | |
| Has the wellness policy been revised based on the triennial assessment? If yes, what process did the committee use to decide what to revise? | |
| 0 | The wellness policy has not been revised or there has not been a triennial assessment. |
| 1 | The wellness policy has been revised but the respondent cannot describe how the triennial assessment results were used to revise the policy. |
| 2 | The respondent can describe how the triennial assessment was used to revise the wellness policy (e.g., the wellness policy was compared to a model policy and the committee decided which topics to revise based on district priorities and resources). |
| <i>IEC7: Addresses a plan for updating policy based on results of the triennial assessment. Federal Rule language states that districts must "make appropriate updates or modifications to the local school wellness policy, based on the triennial assessment."</i> | |

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| IEC8 - Principal | |
| Is there an active school level wellness committee? (Note: This may also be called a school health team, school health advisory committee, or similar name) If yes, how frequently does the committee meet? | |
| 0 | A school level wellness committee has not been established. |
| 1 | There is a committee, but it has not met more than once in the past year. |
| 2 | There is a committee that has met at least twice in the past year. |
| <i>IEC8 Policy: Addresses the establishment of an ongoing school building level wellness committee. This may also be called a school health team, school health advisory committee, or similar name.</i> | |